

# Lakes Center for Youth & Families (LC4YF)

## THE IMPACT OF OUR WORK

In **2016**, over one thousand youth clients, parents and community adults were served by LC4YF:

- 297** first-time and low-level youth offenders completed the Community Justice Program
- 133** at-risk youth and their families were provided counseling, intervention and support
- 43** youth participated in Our Place Addictions Recovery Services
- 25** at-risk youth were matched with an adult mentor for more than 6 months
- 407** children and youth participated in teen enrichment, Jobs Plus & leadership services.
- 306** parents of clients and **144** other individuals in our communities received parenting services
- 108** community adults participated as program volunteers
- 92** senior citizens registered/hired youth for home chore help

### Community Justice/Diversion Services Outcomes

- **78%** of youth referred to the program due to illegal activities (property offenses, assault, alcohol and drug offenses, status offenses) had **no further involvement** with the juvenile justice system one year after program completion. Of the youth who refused to participate in or did not complete the program, **56%** had no further involvement one year after program completion.
- **85%** of youth completing the Community Justice/Diversion program and **71%** of counseling clients reported increased decision-making skills one year after program completion.
- **97%** of youth completing the Community Justice/Diversion program reported a greater understanding of how their behavior and choices affect themselves and others.
- **60%** of youth completing Teen Intervene services reported reducing or quitting their chemical use.

### Youth and Family Counseling Outcomes

- **90%** of youth completing counseling services reported an improvement in the problem they addressed in counseling (of those **71%** reported a significant improvement).
- **86%** of youth completing counseling services reported significant improvement regarding relationships with family and friends.

### “Our Place” Teen Recovery Program Outcomes

- **64%** of recovering clients attended Our Place Recovery Group more than once during the year
- **25%** of recovering clients attended on an on-going basis (4 or more sessions)

### Teen Enrichment and Leadership Activities Outcomes

- **83%** of participants participated on a regular basis
- **85%** improve or maintain a positive attitude towards school
- **93%** improve or maintain positive behavior/social skills within the program
- **95%** improve or maintain average or better grades in school
- **59%** reported that they would have been home alone, unsupervised, home with siblings or hanging out with friends had they not participated in the after-school activity

### Making Connections Mentoring Program Outcomes

- **76%** of youth achieved 50% or more of their goals and **88%** maintained positive behavior
- **70%** of youth improved or maintained a positive attitude toward school
- **94%** of youth improved or maintained average or better grades in school
- **82%** participated on a consistent, ongoing basis
- **88%** of matches lasted more than six months (**70%** lasted more than 12 months)

### Youth Community/Volunteer Service Participant Outcomes

- **100%** felt that the work they did was meaningful
- **91%** felt better about themselves after doing community service
- **66%** of participants said they would volunteer as a result of doing community service